

STATE COURT OF FULTON COUNTY ATLANTA, GEORGIA

# FULTON COUNTY RECOVERY TREATMENT COURT PROGRAM HANDBOOK

State Court of Fulton County 185 Central Avenue, SW, Suite T-2655 Atlanta, GA 30303 Email: DUIcourt@fultoncountyga.gov Office: (404) 613-5006 https://fultonstate.org/dui-court/

## <u>Presiding Judges</u> Judge Susan E. Edlein Judge Wesley B. Tailor

All Participants accepted into the Program are assigned and supervised by the Presiding Judges of the State Court of Fulton County listed above.

Tyeisha Crumsey, LPC Recovery Treatment Clinical Court Coordinator Email: <u>Tyeisha.Crumsey@fultoncountyga.gov</u> Office: (404) 612-4573 Fax: (404) 612-2768

Maria Alvear Recovery Treatment Clinical Court Case Manager Email: <u>Maria.Alvear@fultoncountyga.gov</u> Office: (404) 613-5042 Fax: (404) 612-2768

Tanisha Taylor Recovery Treatment Clinical Court Case Manager Email: <u>Tanisha.Taylor@fultoncountyga.gov</u> Office: (404) 612-4923 Fax: (404) 612-2620

Shaniqua Mcfadden Recovery Treatment Clinical Court Case Manager Email: <u>Shaniqua.Mcfadden@fultoncountyga.gov</u> Office: (404) 612-4422 Fax: (404) 612-2768

#### **RECOVERY TREATMENT PROGRAM**

#### Fulton County Behavioral Health Network (River Edge Behavioral Health) – Sandy Springs 7741 Roswell Rd. Sandy Springs, GA 30350 Office: (404) 665-8650

#### Fulton County Behavioral Health Network (River Edge Behavioral Health) – Downtown

265 Boulevard NE, Atlanta, GA 30312 Office: (404) 665-8600

#### Fulton County Public Defender's Office

Fulton County Courthouse-The Carnes Building 160 Pryor Street, Suite J-217 Atlanta, GA 30303 Phone: (404) 612-5200

Deborah Melnick (404) 612-0638 Deborah.Melnick@fultoncountyga.gov

#### **Fulton County Solicitor's Office**

Fulton County Courthouse-The Carnes Building 160 Pryor Street, 3rd Floor Atlanta, GA 30303 Phone: (404) 612-4800

Sarita Githieya Assistant Solicitor General Sarita.Githieya@fultoncountyga.gov 404-825-0192

#### **Judicial Correction Services**

132 Mitchell St., Suite 2A Atlanta, GA 30303 Fax: (404) 478-9515 JCS.Fulton.duicourt@judicialservices.com

> Teneen Allen, Probation Manager 404-591-3180 x. 101 tallen@judicialservices.com

#### **Fulton County Marshal's Department**

Fulton County Courthouse-The Carnes Building 160 Pryor Street, 3rd Floor, Atlanta, GA 30303

Cpl. Trumaine Boleware Cell: (404) 557-2795 <u>Trumaine.Boleware@fultoncountyga.gov</u>

Cpl. Samuel Napier Cell: (404) 557-2795 Samuel.Napier@fultoncountyga.gov Deputy Jennifer Bell Cell: (404) 557-2808 Jennifer.Bell@fultoncountyga.gov

# TABLE OF CONTENTS

*	Contact Information	2-4
*	Table of Contents	5-6
*	Mission Statement	7
*	Introduction	7
*	Fundamentals of the Program	8
*	Cost of the Program	9
*	Fulton County Recovery Treatment Court Program	9
*	Orientation & Family Education	10
*	Treatment Program Description	10
*	Phase I Requirements	11
*	Phase II Requirements	12
*	Phase III Requirements	13
*	Phase IV Requirements	14
*	Phase V Requirements	15
*	Graduation	15
*	Treatment Group Rules	16
*	Virtual Treatment Group Rules	17-18
*	Alcohol and Drug Testing	19
*	Procedures and Rules	19
*	Dilute Screens	20
*	Illness and Sick Leave	20
*	Medication	21

# **TABLE OF CONTENTS (cont.)**

*	Probation	22
*	Transfer Cases	22
*	Home visits	23
*	Travel Requests	23
*	Employment and/or Education	24
*	Compliance Review Court Sessions	24
*	Program Sanctions	24
*	License Reinstatement	25
*	Recovery Treatment Schedule	26
*	Drug Testing Schedule	27
*	Exhibit A – Food and Drinks you Cannot Consume	28

\* Exhibit B – Medications List

#### FORMS

- \* Phase I V Request Forms
- \* Community Support Participation Form
- \* Notice to Medical Professionals
- \* Prescription Medication Change
- \* Medication Log
- \* Travel Request Form
- \* Community Service Request and Log
- \* Update Information Form

# **MISSION STATEMENT**

The **mission** of the Fulton County Recovery Treatment Court is to **enhance public safety** and **provide a better quality of life** for participants to promote sober living and healthier lifestyles for repeat offenders; thereby **reducing recidivism**.

## **INTRODUCTION**

The Fulton County Recovery Treatment Court Program ("Program" – which also may be referred to as DUI Court) is a post-conviction treatment program. It is a part of the probation portion of a DUI sentence.

The Recovery Treatment Court Program is an interdisciplinary team approach involving the Judge, prosecutor, public defender or private defense attorney, Case Managers, probation, Marshal's Department, program manager, and substance abuse treatment professionals. The Team partners with the program participants throughout the process to ensure individual needs are met while restoring accountability.

There are six (6) required components to participate in the Recovery Treatment Court Program:

Evidence based treatment program Completion of DDS DUI, Alcohol or Drug Risk Reduction Program Submission to random home visits Random drug testing Participation at compliance reviews Community support meetings such as AA/NA

The Recovery Court Treatment Court Program involves enhanced supervision, individual and group treatment sessions for the program participant in efforts to assist them in making healthy lifestyle changes while gaining insight and knowledge about their addiction and/or abuse. The program's goal is to provide the participants with tools and skills to maintain their sobriety while improving the quality of their lives as well as reduce recidivism.

All Participants accepted into the Program are assigned and supervised by Judge Susan E. Edlein and Judge Wesley B. Tailor of the State Court of Fulton County.

# FUNDAMENTALS OF THE PROGRAM

Participants are required to attend all compliance reviews and proceedings, probation, treatment sessions, case management meetings and community support meetings throughout the program.

This is a substance-free program. All participants are required to refrain from all alcohol and drugs (illicit, mood altering and/or habit-forming prescriptions) throughout the Program. Participants must take random drug screens.

Participants are required to comply with all Program requirements and abide by all of the rules and regulations set forth in the Program Handbook, unless excused by a Judge and/or the Recovery Treatment Court.

There is no travel during the first 90 days in the Program.

Participants with complaints or grievances may report them to <u>duicourt@fultoncountyga.gov</u>.

All Participants must have a working phone number and email. Participants must respond to emails/text messages/telephone calls within 24 hours. All participants are required to check emails and voice mail messages daily.

Upon completion of Phase 4, participants who have been sentenced in Fulton County may have a portion of their sentence fees and fines suspended.

Participants will receive credit for 50 hours for each phase completed. By the time a participant completes phase 4, he will receive credit for 200 hours of community service.

Participants must reside in Fulton County during the Program.

<u>Communication is key to success in the program.</u> If you have questions, emergencies, or requests, send them to <u>duicourt@fultoncountyga.gov</u>.

# **COST OF THE PROGRAM**

As a condition of participation in the Program, participants are required to pay Program fees. Employment (or full time student) is a condition of participation. Inability of a Participant to work will be addressed on a case-by-case basis.

- The initial clinical evaluation is paid by the Participant. The cost is a minimum of \$110.00. Payment in the form of cash or money order is due upon meeting with the clinical evaluator.
- The Program fees are \$50.00 per week unless there are special circumstances that the Judge determines warrant an exception. Program fees are in addition to any other fees or fines imposed by the sentencing Court. Participants are required to pay all weekly Program fees in a timely manner. All payments must be made by cash, money orders or cashier's check made payable to the State Court of Fulton County or online at: <a href="https://payments.myfivepoint.com/portal/mod-ules/payment/payment">https://payments.myfivepoint.com/portal/mod-ules/payment/payment</a>.

**Challenged Drug Screens** – Participants may challenge a positive drug screen by requesting a confirmation at their own expense. There will not be an additional charge if the positive initial screen is confirmed negative. The cost to request a confirmation to challenge a positive screen is no less than \$35.

**Cancellation Policy** – In the event that a participant is unable to keep an individual counseling appointment, the participant must notify the treatment provider and clinical case manager at least 24 hours in advance. A fee of \$25 will be paid to the Fulton County Recovery Treatment Court Program within 7 days of an unexcused missed appointment. Any additional unexcused missed appointments will result in a charge of \$50.00.

Participants must be in compliance with the phase requirement balances to be allowed to progress to the next phase (See Phase Requirements).

- 1) A zero balance is required for participants to receive a Department of Behavioral Health and Developmental Disabilities treatment completion form.
- Participants are not required to report to Fulton County probation or pay probation fees until they have completed the treatment portion of the program unless otherwise directed by the Recovery Treatment Court.
- 3) Participants may be given the opportunity to complete community service hours at a rate of \$10 per hour toward treatment fees. The participant must seek approval to use community service hours by completing a financial review with the case manager (See Community Service Request Packet).
- 4) Participants may be sanctioned in the event that they are ordered by the Judge to complete a payment plan and fail to do so, or if they fail to comply with program requirements.

## **TREATMENT PROGRAM**

Each Participant is required to complete a clinical evaluation with a registered evaluator with DBHDD. The clinical evaluation will consist of a detailed interview as well as information from collaborative sources. Based upon the findings of the comprehensive assessment the appropriate level of treatment will be recommended.

The Program offers ASAM Level I Long Term treatment (American Society of Addiction Medicine).

**ASAM LEVEL I:** Four (4) Phases, designed to be a minimum of 48 weeks. Length of treatment is dependent upon an individual participant's progress and participation. In the event that a participant's needs surpass his/her current level of treatment, the RTC Court team may make a recommendation for placement in a higher level of care, which could include residential treatment. Participants requiring a higher level of treatment may be referred to other appropriate providers.

Following orientation, Participants will work with the treatment provider to develop an individualized treatment plan to address his/her specific recovery issues.

Each Participant is required to attend all assigned treatment sessions, including group and individual therapy, case management meetings, and periodic treatment planning and re-evaluations. Late arrivals at these sessions will not be tolerated and may subject the Participant to sanctions. Only program participants can attend group treatment sessions.

In some cases, participants may benefit from medication assisted treatment (MAT) which uses medications in addition to therapy to address substance use disorders. This is a decision made on a case-by-case basis with input from medical providers.

Participants will attend community support meetings as outlined in the program requirements.

# **FAMILY EDUCATION**

Family members are encouraged to participate in the Participant's recovery efforts. The Fulton County Recovery Treatment Court Program will offer an orientation; family members are strongly encouraged to attend. You may request a family orientation session that will provide an opportunity for you and your family to learn about the expectations of the program as well as ask questions regarding the Program and its impact on you and your family.

# TREATMENT PROGRAM DESCRIPTION

Treatment consists of a combination of evidence-based treatment methods and curriculums delivered through individual and group counseling, designed to promote a life of recovery and the best treatment outcomes.

### All participants must complete a phase request form to progress to the next phase.

### **PHASE I - Drug & Alcohol Education**

Curriculum: Matrix Model of Addiction Treatment Early Recovery Skill Building The Disease of Addiction & Its Effects Consequences of Criminal and Addictive Behavior Developing a Relapse Prevention Plan Beginning the Transition to Lifelong Change and Recovery

### **Requirements:**

- \* Random drug screens.
- \* Attend weekly case management meetings.
- \* Attend all scheduled treatment sessions.

#### Phase I: (8 weeks minimum)

Two (2) 2-hour group sessions per week Monday and Thursday One (1) Individual Counseling session per week

- \* Attend Recovery Treatment Court review hearing 2 times per month.
- \* Follow recommended case management and treatment plans.
- \* Random home visits by the Marshal's Department.
- \* \$50 weekly treatment fee. Maximum balance may not exceed: **\$300**.
- \* Complete Victim Impact Panel/MADD.
- \* No travel while in the first 90 days of the Program unless it is an emergency or has been previously approved by the Recovery Treatment Team.

Demonstrated compliance for 15 days to phase

## PHASE II – Criminal & Addictive Thinking

**Curriculum: Cognitive Behavioral Interventions for Substance Use** 

Motivational Engagement Cognitive Restructuring Emotion Regulation Social Skills Problem Solving Success Planning

### **Requirements:**

- \* Random drug screens.
- \* Attend Recovery Treatment Court review hearing 2 times per month.
- \* Attend weekly case management meetings.
- \* Attend all scheduled treatment sessions.

#### Phase II: (14 weeks minimum)

Two (2) 2 hour group sessions per week (Tuesday and Thursday) One (1) Individual Counseling session every other week

- \* Follow recommended treatment plan.
- \* Random home visits by the Marshal's Department.
- \* Make regular payments toward treatment costs (\$50/week). Maximum balance may not exceed \$600.
- \* Risk Reduction must be completed by the end of Phase II.
- \* No travel while in the first 90 days of the Program unless it is an emergency or has been previously approved by the Recovery Treatment Team.
- \* Demonstrated compliance for 30 days to phase.

## **PHASE III – Moral Development and Reasoning**

Curriculum: Moral Reconation Therapy

Reconstruction of Identity Assessment of Relationships Reinforcement of Healthy Habits Reflection of Choices and Values

## **Requirements:**

- \* Random drug screens.
- \* Attend Recovery Treatment Court review hearing one time per month.
- \* Attend bi-weekly case management meetings.
- \* Attend all scheduled treatment sessions.

#### Phase III: (14 weeks minimum)

Two (2) 2 hour group session per week (Monday and Wednesday) Individual Counseling sessions as recommended or requested

- \* Follow recommended treatment plan.
- \* Random home visits by the Marshal's Department.
- \* Make regular payments toward treatment costs (\$50/week). Maximum balance may not exceed \$350 to phase.
- \* Demonstrated compliance for 45 days to phase.

## PHASE IV – Release & Reintegration

<u>Curriculum: Hazelden's Criminal and Addictive Thinking</u> Learning to Think about Your Thinking Criminality and Addiction on a Continuum Learning to Think about Your Behavior

Curriculum: Staying Sober Guide for Relapse Prevention Strategies and techniques for preventing relapse Assignment: Life Story

### **Requirements:**

- \* Random drug screens.
- \* Attend all scheduled treatment sessions.

#### Phase IV (12 weeks minimum)

One (1) 2 hour group session per week (Wednesday) Two (2) Individual Counseling sessions before phase ends

- \* Attend Recovery Treatment Court review hearing one time per month.
- \* Attend biweekly case management meetings.
- \* Complete Life Story by the end of Phase IV.
- \* Random home visits by the Marshal's Department.
- \* Make regular payments toward treatment costs (\$50/week). Maximum balance may not exceed \$350.
- \* Attend a minimum of two (2) Community support group meetings per week.
- \* Identify and maintain contact with a community support sponsor.
- \* Presentation of Life Story Assignment in group
- \* Demonstrated compliance for 60 days to phase.

## **PHASE V – Probation**

### **Requirements:**

- \* Random drug screens.
- \* Phase V lasts until the end of probated sentence
- \* Attend case management meetings monthly.
- \* Attend a minimum of two (2) community support meetings per week.
- \* Attend RTC Compliance review hearings every other month
- \* Random home visits by the Marshal's Department.
- \* Demonstrated compliance for 60 days to graduate.
- \* Zero balance required to graduate.
- \* Report for probation, as directed.

## GRADUATION

Participants are eligible for graduation after meeting each of the following conditions:

- \* Enrolled for a minimum of 48 weeks in the Program (it may be up to 24 months).
- \* Demonstrated compliance- 60 days and 90 days demonstrated sobriety.
- \* Zero balance for all program fees.
- \* Completed all Program requirements and the RTC Team has determination for graduation.

The Program goal is that Participants will have established a sober, healthy and productive lifestyle. Recovery is an ongoing process. Participants are invited to continue as alumni of the Program and be a mentor to new Participants. You may be pleasantly surprised and rewarded by the significant influence you may play in helping others overcome their addiction problems. This is a way for you to maintain contact with us and remember what it was like for you when you first entered the Program.

# **RECOVERY TREATMENT COURT GROUP RULES**

The following rules apply to all RTC Program treatment sessions. Failure to follow the rules can result in your dismissal from treatment session. Violations of group rules can result in sanctions from RTC and/or new criminal charges.

- No alcohol, drugs, weapons or pocket knives will be allowed in the facility.
- Clients are not allowed to attend group while under the influence of drugs or alcohol.
- Group will begin on time at 5:30. Participants have until 5:40 to enter the group room. Participants must be punctual. If a Participant arrives late, they may be admitted to the session at the group facilitator's discretion but will have to make up the session to receive credit.
  - If arriving late, participants will not be allowed to present MRT steps or present their Life Story assignment.
  - Participants must reach out to their case manager within 24 hours and inform them of being late or missing group.
- Confidentiality is a must. What is said in group stays in group! Participants can tell anyone what they say or do in group but not what others say or do. Any violations of this rule can result in expulsion from group.
- No visitors are allowed, including children and pets.
- Be respectful and attentive of peers.
- Free expression of thoughts and feelings is encouraged; however, violence, threats or intimidation will not be tolerated. Extreme use of profanity is not acceptable.
- Dress code: no tank tops, dark glasses, sagging pants or revealing clothing (including too-short shorts, low cut tops, etc.).
- No clothing advertising alcohol or drugs will be permitted. Appropriate hygiene is to be maintained.
- If participants exhibit behaviors of harm to themselves or others, confidentiality will not apply, and the proper authorities and next of kin will be notified.
- No cell phone or other electronic device usage is allowed during group. In the case of emergency please discuss with your group counselor.
- Smoking is NOT permitted during group. No tobacco use allowed. No vaping, hookah etc. Smoking is permitted outside in the designated areas only. Do NOT throw cigarette butts on the ground. Dispose of them properly.
- No littering anywhere on the treatment facility property
- No snacks or food brought by participants will be allowed during group sessions. Beverages are allowed to be brought in by participants as long as they are compliant with RTC Handbook rules (No energy drinks, no kombucha, etc.)

# **Virtual Treatment Group Meeting Specific Rules**

- No alcohol, drugs, weapons or pocket knives will be allowed or on camera.
- Clients are not allowed to attend group while under the influence of drugs or alcohol.
- Group will begin on time at 5:30. Participants have until 5:40 to enter the waiting room for virtual sessions. It is heavily encouraged that participants enter the virtual waiting room at 5:15 to avoid technical difficulties. Participants must be punctual. If a Participant arrives late, they may be admitted to the session at the group facilitator's discretion but will have to make up the session to receive credit.
- Any technical difficulties while attending a virtual session must be reported to the group facilitator by 5:25 pm via phone call and voice message.
  - If arriving late, participants will not be allowed to present MRT steps or present their Life Story assignment.
  - Participants must reach out to their case manager within 24 hours and inform them of being late or missing group.
- Confidentiality is a must. What is said in group stays in group! Participants can tell anyone what they say or do in group but not what others say or do. Any violations of this rule can result in expulsion from group.
  - Secure privacy during the session (quiet area, use headphones).
  - Treat this as a traditional group setting where you would be seated and in session
- No visitors are allowed, including children and pets. Nobody should be in the same room as you while you are on a virtual group.
- Be respectful and attentive of peers.
- Free expression of thoughts and feelings is encouraged; however, violence, threats or intimidation will not be tolerated. Extreme use of profanity is not acceptable.
- Dress code: no tank tops, dark glasses, sagging pants or revealing clothing (including too-short shorts, low cut tops, etc.).
- No clothing advertising alcohol or drugs will be permitted.
- If participants exhibit behaviors of harm to themselves or others, confidentiality will not apply, and the proper authorities and next of kin will be notified.
- No cell phone or other electronic device usage is allowed during group. In the case of emergency please discuss with your group counselor. Participants may be removed from a session if they are texting, on social media, etc. All calls, texting, social media, etc. must occur before group begins.
- No snacks or food allowed to be eaten during group sessions. Beverages are allowed to be consumed by participants as long as they are compliant with RTC Handbook rules (No energy drinks, no kombucha, etc.)
- Video must be displayed, unless permission otherwise is granted from court staff or clinician. No virtual backgrounds are allowed.
- Faces must be visible in the middle of your display box at all times. Ensure that you have proper lighting and are visible by staff.

- Minimize distractions. Be seated and turn off the TV, music, other computers or phones, etc.
- Leave phones, tablets, or computers stationary and in place. If a need arises to step away.
- You must be fully present; do not try to multi-task during sessions. Doing anything other than participating (which includes listening) is not being fully present.
- Seek approval ahead of time and make the proper arrangements, if it is imperative to do something else during sessions.
- Always use headphones if other people are in the same building to protect the privacy of all participants. Even when using headphones, no one should be in the same room. Everyone deserves privacy!
- Smoking is NOT permitted. No tobacco use allowed. No vaping, hookah etc.
- DO NOT drive while on a Teams meeting. Please do not be in a car with others (including uber, lyft,etc.) during sessions unless you have received prior permission. Headphones, earbuds, airpods, etc. will be REQUIRED.

# ALCOHOL AND DRUG TESTING

Participants in the Fulton County Recovery Treatment Court Program are given observed Urine Drug Screens (UDS). Observed means, when giving a urine specimen, the Participant will be observed by someone of the same gender to ensure freedom from errors or tampering. The frequency of the screens may be increased at the discretion of the Court.

Participants must check every day (including weekends and holidays) to determine if they are required to screen. Participants may either call the testing line at 678-503-5633 or check on-line my.averhealth.com to determine if they have to screen.

Participants may choose to screen at EITHER the North Annex or the South Annex. Participants must choose one location or the other. If a participants wishes to change screening locations during the program, the participant must obtain written permission to change screening locations.

If you are required to screen for any reason, missing the screen may result in a sanction.

Participants may challenge a positive drug screen by requesting a confirmation at their own expense. There will not be an additional charge if the positive initial screen is confirmed negative. The cost to request a confirmation to challenge a positive screen is no less than \$19.99.

## **DRUG TESTING PROCEDURES**

A Participant will be required to admit or deny alcohol/drug use before a specimen is tested. <u>Honesty</u> is a crucial component for recovery and for participation in the Program. If a participant admits using drugs and/or alcohol, this factor will be considered by the Judge in determining appropriate sanctions.

- 1. Remove any coats, heavy garments. No bags may be taken into the collection room.
- 2. Wash your hands.
- 3. Shirt and undershirts must be raised above the naval.
- 4. Pants and undergarments must be lowered to mid-thigh.
- 5. Clothes must be left in place until collection is completed.
- 6. You must turn in a full circle.
- 7. Start then stop voiding.
- 8. The collector will hand you the sample cup and you may provide a sample.
- 9. Hand the sample cup to the collector when you have provided 30ml of sample.
- 10. Participants will not be allowed to leave a testing area or to drink excessive fluids until a specimen is rendered.
- 11. Participant is required to put a seal on the screen.
- 12. The Participant may request a confirmation test of the positive urine screen. A minimum \$19.99 cost to be paid to the Fulton Recovery Treatment Court program if the positive result is confirmed.

### **DILUTE SCREENS**

A dilute screen occurs when a Participant consumes excessive amounts of fluids within a short period of time before a test. Rapid ingestion of 2-4 quarts of fluid within 90 minutes before a test will almost always produce a dilute screen.

A dilute screen is considered a positive screen.

A dilute screen could result in a sanction.

A dilute screen is a creatine level under 20 mg/dL.

## **ILLNESS AND SICK LEAVE**

Participants who are sick and <u>request</u> to miss a group treatment session must contact their case manager (<u>duicourt@fultoncountyga.gov</u>) before 3:00PM to request permission to be excused. Participants asking to be excused from compliance reviews must contact the court before 11:00AM for permission to be excused.

Simply leaving a message on the voicemail is NOT sufficient; the absence will be considered unexcused until the Participant gets permission from the Court to miss the treatment session.

If a participant is granted permission to miss group treatment session due to illness, he or she must bring a doctor's excuse to a case manager. *Participants who are sick enough to miss group are deemed sick enough to go to the doctor.* If a participant does not have the funds to see a doctor, the participant must discuss this with the case manager.

Participants who are experiencing a contagious disease, i.e. COVID-19, tuberculosis, chicken pox, etc. will not be admitted into group treatment sessions until they have been cleared by the attending physician. All clearance documentation has to be submitted to the Court for approval.

This procedure also applies to Participants who are caregivers and need to miss treatment to care for a sick child, spouse or parent(s).

## **MEDICATIONS**

As a condition of admission to the Program, all Participants must disclose the name of their current physician or health care provider, including their name, address and phone number.

Participants are required to sign a medical information release form authorizing their physician and/or healthcare provider to disclose any and all medical information to the Program as requested. Participants must have each physician complete and submit the Notice to Medical Professionals form to be considered for permission to consume medication (this includes over-the-counter medications and prescriptions). Participants are required to maintain a medication log, and complete a medication change request form in the event that their medications are changed.

In some cases, participants may benefit from medication assisted treatment (MAT) which uses medications in addition to therapy to address substance use disorders. This is a decision made on a case-by-case basis with input from medical providers.

No drug of any kind, prescription or non-prescription, or any dietary or herbal supplement, energy drinks or performance enhancement drugs, whether prescribed or over-the-counter, are to be taken without approval from the Recovery Treatment Court Team. This includes any synthetic drugs, including Delta 8 or CBD or hemp products. Participants cannot consume non-alcoholic beers or wines.

ALL PARTICIPANTS MUST INFORM ALL PHYSICIANS, DENTISTS, PHARMACISTS, AND OTHER HEALTHCARE PROFESSIONALS WHO WILL BE INVOLVED IN YOUR MEDICAL TREATMENT AND/OR PRESCRIBING OF MED-ICATION THAT YOU ARE IN RECOVERY AND INVOLVED IN A RECOVERY TREATMENT COURT PROGRAM WHICH PROHIBITS YOU FROM TAKING ANY MOOD-ALTERING DRUGS AND/OR HABIT-FORMING SUB-STANCES. The form is attached in the Appendix.

**Exhibit B contains guidelines for substances that can be taken safely in recovery as well as substances that are prohibited. This is only a guide and is not expected to be all-inclusive.** Persons who are prescribed items on the prohibited list must seek permission prior to taking the medications. If a Participant is in doubt as to whether a prescription is prohibited, approval should be sought from the Recovery Treatment Court Case Manager.

#### Taking medication on the prohibited list may result in a positive screen for drugs.

Emergencies will be handled on a case by case basis.

If you have questions, contact duicourt@fultoncountyga.gov

# PROBATION

As a Participant in the Recovery Treatment Court Program, please take note of the following. A person on probation violates probation when he or she commits the following:

- \* Violates the criminal laws of any governmental unit.
- \* Fails to abide by all the rules and regulations of the Program.
- \* Driving on a suspended/revoked driver's license.
- \* Consumes drugs (either illegal drugs or non-approved medications) or alcohol
- \* Does not work faithfully at a lawful occupation insofar as may be possible.
- \* Changes place of residency known to the Court or leave the known location for any period of time without prior permission of the Probation Officer or the Court.
- \* Fails to make full and truthful reports to the Probation Officer and/or the Court as well as answer all inquiries and comply with all instructions as directed.
- \* Failure to submit to a search of your person, residence, papers and/or property with or without a search warrant whenever requested to do so by the Probation Officer and/or the Marshals and specifically consent to the use of anything seized as evidence to revoke probation.
- \* Tests positive for any drugs or alcohol while under the supervision of the program or probation.

## **TRANSFER CASES**

Participants whose case(s) were transferred from another county, are subject to the conditions of probation imposed by the original sentencing Court unless there is a provision stated in the Transfer Order for probation to be completed in Fulton County. Please check with your case manager and/or your probation officer for more information. All Participants are required to pay their fines to the original sentencing Court.

## **HOME VISITS**

The Marshals conduct random home visits throughout the Program. *Home visits are not optional and occur throughout the duration of the program.* These visits are designed to monitor the Participants' compliance with Program policies, ensure that no contraband is present in the participants' homes and ensure that the home environment is conducive to recovery. The Marshals will be in uniform during home visits. Participants are <u>required</u> to be available for home visits. However, if a participant receives a voicemail message from the Marshals due to a missed home visit, it is the responsibility of the participant to return the Marshal's call within **2 hours** to receive further instructions as well as calling the Case Manager. Failure to comply with these procedures will subject the participant to sanctions. Participants may be required to screen as directed by the case manager due to missed home visit.

Participants must screen when the Marshal visits, even if previously screened that day.

Home visits are conducted by the Marshals to search persons, vehicles, and homes including but not limited to bedrooms/bathrooms for contraband, illicit substances and/or prohibited items. In the event that a participant is found to be in possession or custody of prohibited substances the Participant and/or others may be charged with additional violations of Georgia Law. **Open/closed containers of alcohol will be confiscated and destroyed on site. Program sanctions will also be imposed.** The Marshals may complete random breathalyzer and/or urine drug screens during home visits.

The Participant is required to inform the Recovery Treatment Court Team before there is a change of address or phone number. Participants are required to live in Fulton County.

## **TRAVEL REQUESTS**

Participants are not permitted to travel outside of Fulton County overnight or spend the night at any location other than their home address without the express permission of the Recovery Treatment Court Team.

Requests for travel must be made in writing by completing a travel request form and submitting it to your case manager at least 14 days prior to the date of the proposed travel.

Except for emergency situations, participants will not be permitted to travel during the first 90 days of the program. A zero balance is required to travel and documented clean time is required.

Participants will not be permitted to travel if they are not in full compliance with the rules and regulations of the Program. The presiding judge retains discretion to deny any travel request and/or shorten the duration.

Participants may be required to obtain drug screens, AT THEIR OWN EXPENSE, while traveling. Participants may also be required to use other types of drug screens, such as patches or portable breath testing devices. Participants may be required to attend community support meeting while they are away and will be required to submit to a drug screen upon return. Participants will be required to comply with all conditions of leave/absence requests.

# **EMPLOYMENT AND/OR EDUCATION**

Participants must be employed and/or be a full time student during the program. Any requests for exception will be considered on a case by case basis.

If a participant loses his/her job during the Program, he/she may be required to participate in job training, complete job search forms, or use the time to complete community service.

Recovery Treatment Court Program staff may verify employment through phone contact with the employer or copies of paycheck stubs. Participants are strongly encouraged to notify employers, family and friends of their participation in the Program including the required Court appearances and treatment sessions.

## **COMPLIANCE REVIEW COURT SESSIONS**

Participants in the Program are required to attend Court as scheduled for compliance sessions by the Recovery Treatment Court Judge and Team. *The compliance sessions are mandatory.* The Judge will review each Participant's progress with the Recovery Treatment Court Team.

During these sessions, Participants are encouraged to ask the Judge questions and voice any concerns they may have about the program. Each Participant will have access to a monthly calendar containing treatment dates as well as court dates for the month. It is the Participant's responsibility to keep track of the court and treatment dates.

# **PROGRAM SANCTIONS**

Sanctions are designed to monitor negative and counterproductive behaviors and reinforce positive recovery changes and compliance in the Program. Participants who do not comply with the Program rules, regulations and treatment requirements are required to attend a sanction hearing. If the Judge finds that sanctions are warranted, sanctions vary in degree and severity, depending on each individual case. Sanction hearings are currently held on Wednesday mornings at 9:00 am., though this is subject to change. Sanctions range from written essays to community service to jail time. The ultimate sanction is termination from the program for non-compliance of program requirements.

## LICENSE REINSTATEMENT

Participants may be eligible to have their driving privileges reinstated in accordance with the rules and regulations of the Department of Driver's Services. Contact your attorney prior to the plea regarding driving privileges. Upon entering the program, contact your case manager for further direction.

Participants entering the program must contact DDS prior to requesting a DBHDD Certificate of Completion from the case manager. A Certificate of Completion may be issued if the participant has completed the program and has paid his/her fees in full. All license reinstatement fees paid to DDS are solely the Participant's responsibility. In order to receive a treatment enrollment form the Participant must contact his/her case manager.

### **RECOVERY TREATMENT COURT SCHEDULE**

Note - this schedule is subject to change

#### Phase I

Group Sessions Monday and Thursday 5:30 – 7:30

(Thursday sessions are at the courthouse 2<sup>nd</sup> and 4<sup>th</sup> Thursdays Immediately after Compliance Reviews) Compliance Review Court Sessions - Second and Fourth Thursdays 3:00 – 5:00 Individual Sessions - once a week Case Manager Meeting - once every week

#### Phase 2

Group Sessions – Tuesdays and Thursdays 5:30 – 7:30

(Thursday sessions are at the courthouse 2<sup>nd</sup> and 4<sup>th</sup> Thursdays Immediately after Compliance Reviews) Compliance Review Court Sessions - Second and Fourth Thursdays 3:00 – 5:00 Individual Sessions – once every other week Case Manager Meetings - once every week

#### Phase 3

Group Sessions – Mondays and Wednesdays 5:30 – 7:30 Compliance Review Court Sessions – Third Thursday 3:00 – 5:00 Individual Sessions as needed Case Manager Meetings

#### Phase 4

Group Sessions – Wednesdays 5:30 – 7:30 Compliance Review Court Sessions, Third Thursday 3:00 – 5:00 Individual Sessions as needed – at least two before graduation Case Manager Meetings Community Support Meetings – two per week

#### Phase 5

Compliance Review Court Sessions – one Thursday every other month 3:00 – 5:00 Probation Officer Meetings as directed Case Manager Meetings Community Support Meetings – two per week

Sanction Hearings – Wednesday at 9:00 am

All phases must attend quarterly graduation.

### Drug Testing Schedule NOTE – this schedule is subject to change

North Annex: 7741 Roswell Road, Sandy Springs 30350 (404) 665-8650 Monday-Friday 9:00 am – 1:00 pm; 2:00 pm – 6:00 pm

South Annex: 265 Boulevard NE, Atlanta 30312 (404) 665-8600 Monday-Friday 9:00 am – 1:00 pm; 2:00 pm – 6:00 pm Saturday, Sunday and Holidays 9:00am-12:00pm

All participants who test at the North Annex are required to test at the South Annex on weekends and holidays.

The Program follows all holidays set by Fulton County.

**EVERY DAY, each participant is required to call the drug testing message line at 678-503-5633 or login to my.averhealth.com** to determine if they have to screen. The daily message line hours are 7:00 am – 6:00 pm.

## **EXHIBIT A**

## FOOD AND DRINKS YOU CANNOT CONSUME

#### This is not an exclusive list -you are responsible for what you put into your body.

#### **BEVERAGES:**

**NO ALCOHOLIC BEVERAGES** – please read labels for anything that might contain alcohol.

- Drinks that contain alcohol include:
  - Non-alcoholic wine and beer
  - o Kombucha
  - o Bitters

No energy drinks

#### FOOD

No foods that could result in a positive screen, including foods prepared with alcohol (ex. rum cake, shrimp in wine sauce, etc.)

• Foods that contain poppy seeds MAY result in a positive screen

#### SUPPLEMENTS

No drug of any kind, prescription or non-prescription, or any dietary or herbal supplement, energy drinks or performance enhancement drugs, whether prescribed or over-the-counter, are to be taken without approval from the Recovery Treatment Court Team. This includes any CBD or hemp products. It also includes synthetic drugs/ supplements (ex. Kratom, Delta 8) and performance enhancement drugs/supplements (ex. creatinine). Even if you can purchase a supplement at a store (gas station, nutrition store) – that does not mean you can take it in the Program. If in doubt, ask BEFORE taking any kind of supplement.

### **EXHIBIT B**

### **MEDICATIONS LISTS**

This is only a guide and is not expected to be all-inclusive. Persons who are prescribed items on the prohibited list must seek permission prior to taking the medications. If a Participant is in doubt as to whether a prescription or medication is prohibited, approval should be sought from the Recovery Treatment Court Case Manager. Participants must obtain prior approval before taking prescription medicines. If you do not obtain prior approval, the participant may be scheduled for a sanctions hearing.

### Anorexiants, Stimulants and Weight Control

### Safe Anorexiants, Stimulants and Weight Control Medication List:

Xenical<sup>®</sup> (Oralistat) Diet-Ayds<sup>®</sup> (candy) Slim-Mint<sup>®</sup> (gum) Slim Fast<sup>®</sup> - Slender<sup>®</sup>

### **MEDICATIONS CONTAINING MOOD-ALTERING INGREDIENTS TO AVOID:**

<u>Mood Altering Ingredient to Avoid:</u> Amphetamine Salts	<u>Common Brand Names:</u> Adderall®, Dexedrine®
Benzphetamine HCI	Didrex <sup>®</sup>
Diethylpropion HCI Ephedrine, Ephedra, MaHaung	Red Dog <sup>®</sup> , Rip Tide <sup>®</sup> , Others Tenuate <sup>®</sup> , Tepanilz <sup>®</sup> Metabolife <sup>®</sup> , Metabolite <sup>®</sup>
Modafinil	Provigil®
Methylphenidate	Concerta <sup>®</sup> , Metadate <sup>®</sup> , Methylin <sup>®</sup> Methylphenidate
Nicotine	Tobacco products, Nicorette <sup>®</sup> , Nicoderm <sup>®</sup>
Pemoline	Cylert®
Phendimetrazine Tartate	Bontril PDM <sup>®</sup> , Anorex <sup>®</sup> , Melfiat-105 <sup>®</sup> ,Prelu-2 <sup>®</sup>
Phentermine HCI	Fastin <sup>®</sup> , Adipex-P <sup>®</sup> , Lonamin <sup>®</sup> , Obephen <sup>®</sup>

## Allergy / Decongestants (Systemic)

## Safe Allergy / Decongestant Medication List:

Travist-1<sup>®</sup> (Clemastine Fumarate) Claritin<sup>®</sup> (Desloratadine) Allegra<sup>®</sup> (Fexofenadine) Zyrtec<sup>®</sup> (Centinzine)

## **MEDICATIONS CONTAINING MOOD-ALTERING INGREDIENTS TO AVOID:**

<u>Mood Altering Ingredient to Avoid:</u> Brompheniramine	<u>Common Brand Names:</u> Dimetane®, Dimetap®
Chlorpheniramine	Chlor-Trimeton <sup>®</sup> , Efidac <sup>®</sup> , Teldrin <sup>®</sup>
Dexchlorpheniramine	Polaramine-RX <sup>®</sup>
Diphenhydramine	Benadryl <sup>®</sup> Benylin Cough <sup>®</sup>
Triprolidine	Actifed®
Cyproheptadine	Perictin-RX <sup>®</sup>
Phenylephrine	AH-Chew D <sup>®</sup> , Entex LA <sup>®</sup> , Nalex-A <sup>®</sup> , Prolex-D <sup>®</sup> , Sinutuss DM <sup>®</sup> , Tussafed-EX <sup>®</sup>
Promethazine	Phenergan-RX <sup>®</sup>
Pseudoephedrine	Sudafed <sup>®</sup> , Novafed, Profen, Allegra D <sup>®</sup> , Claritin D <sup>®</sup> , Zyrtec D <sup>®</sup> (contains
	Pseudoephedrine)

## **Analgesics (Pain Relief)**

### Safe Analgesics/Pain Reliever Medication List

#### Over the Counter:

Advil<sup>®</sup> Aleve<sup>®</sup> Aspirin<sup>®</sup> Bufferin<sup>®</sup> Tylenol<sup>®</sup>

RX:

Disalcid® Salflex® Dolobid® Trilisate®

#### Non-steroidal Anti-inflammatory Agents:

Anaprox<sup>®</sup>, Ansaid<sup>®</sup> Arthrotec<sup>®</sup>, Bextra<sup>®</sup> Cataflam<sup>®</sup>, Celebrex<sup>®</sup> Clinoril<sup>®</sup>, Daypro<sup>®</sup> Feldene<sup>®</sup>, Indocin<sup>®</sup> Lodine<sup>®</sup>, Meclomen<sup>®</sup> Mobic<sup>®</sup>, Motrin<sup>®</sup> Nalfon<sup>®</sup>, Naprelan<sup>®</sup> Nafon<sup>®</sup>, Naprelan<sup>®</sup> Naprosyn<sup>®</sup>, Orudis<sup>®</sup> Oruvail<sup>®</sup>, Ponstel<sup>®</sup> Relafen<sup>®</sup>, Telectin<sup>®</sup> Relafen<sup>®</sup>, Tolectin<sup>®</sup> Toradon<sup>®</sup>, Vioxx<sup>®</sup> Voltaten<sup>®</sup>

Misc.

Dantrium<sup>®</sup>, Flexeril<sup>®</sup>, Lioresal<sup>®</sup>, Robaxin<sup>®</sup>, Skelaxin<sup>®</sup>, Imitrex<sup>®</sup> (migraines), Zomig<sup>®</sup> (migraines)

# Analgesics (Pain Relief) (cont.)

## **MEDICATIONS CONTAINING MOOD-ALTERING INGREDIENTS TO AVOID:**

#### Mood Altering Ingredient to Avoid:

Hydromorphone HCI Levorphanol Tartate Methadone HCI Meperidine HCI Morphine Sulfate

Opium Alfentanil HCI Fentanyl Oxymorphone HCI Sufentanil Citrate Hydrocodone Bitartrate

Methotrimeprazine Malbuphine HCI Pentazocine Tramadol HCI Carisoprodol Levomethadyl Buprenorphoine HCI Codeine

Dextromethorphan

Hydrocodone Compound Hydrocodone Syrup (Multiple generics & trade names)

#### Common Brand Names:

Dilaudid® Levo-Dromoran® Dolophine<sup>®</sup> Demerol<sup>®</sup>, Mepergan Fortis<sup>®</sup> Avinza®, Duramorph®, MS Contin®, MSIR<sup>®</sup>, Roxanol<sup>®</sup> Paregoric<sup>®</sup> Alfenta® Sublimaze<sup>®</sup>, Duragesic<sup>®</sup> Wygesic<sup>®</sup>, Darvon<sup>®</sup>, Darvocet<sup>®</sup> Sufenta<sup>®</sup> Anexsia<sup>®</sup>, Bancap<sup>®</sup>, Hycodan<sup>®</sup>, Hydrocet<sup>®</sup>, Lorcet<sup>®</sup>, Lorcet-HD<sup>®</sup>, Lortab<sup>®</sup>, Maxidone<sup>®</sup>, Norco<sup>®</sup>, Vicodine<sup>®</sup>, Vicoprofen<sup>®</sup>, Zydone<sup>®</sup> Levoprome<sup>®</sup> Nubain<sup>®</sup> Talwin NX<sup>®</sup>, Talacen<sup>®</sup> Ultram<sup>®</sup>, Ultracet<sup>®</sup> Soma, Soma Compound w/Codeine **ORLAAM®** Buprenex<sup>®</sup> Ambenyl<sup>®</sup>, Brontex<sup>®</sup>, Hovahistine HD<sup>®</sup>, Nucofed<sup>®</sup>, Phenegran w/Codeine, Robitussin AC<sup>®</sup> Benylin<sup>®</sup>, Delsym<sup>®</sup>, Dimetap Cough<sup>®</sup>, Comtrex<sup>®</sup>, Contac<sup>®</sup>, Duratuss<sup>®</sup> plain or DM, Nyquil<sup>®</sup>, Novihistine DMX<sup>®</sup>, Novafed<sup>®</sup> Profen<sup>®</sup>, Robitussin DM<sup>®</sup>, Vicks Formula 44D<sup>®</sup> Hycodan<sup>®</sup> Tabs & syrup Hycomine<sup>®</sup> Anaplex HD<sup>®</sup>, Bitartrate/Guaifensin syrup, Duratuss HD<sup>®</sup>, Hycotuss<sup>®</sup>, Hycotuss<sup>®</sup> Expectorant, Hydrocodone Protuss/Protuss D, Vicodan Tuss® Expectorant, Others

# **Cough and Cold**

## Safe Cough & Cold Medication List

**Over the Counter:** (Guaifenesin) Naldecon Senior EX<sup>®</sup> Organidin NR<sup>®</sup> Robitussin<sup>®</sup> Plain Breonesin<sup>®</sup> Capsule

**RX**:

(Guaifensin) Organidin NR<sup>®</sup> Duratuss G<sup>®</sup> Fenesin Tablets<sup>®</sup> Humibid LA<sup>®</sup> (Benzonatate-sofgels) Tessolon Perles<sup>®</sup>

### **MEDICATIONS CONTAINING MOOD-ALTERING INGREDIENTS TO AVOID:**

Mood Altering Ingredient to Avoid	Common Brand Names
Codeine	Ambenyl <sup>®</sup> , Brontex <sup>®</sup> Hovahis- tine DH <sup>®</sup>
Dextromethorphan	Nucofed®, Phenegran & Codeine Robitussin AC® Benylin®, Delsym® Dimetap Cough® Comtrex®, Contac® Duratuss® plain or DM Nyquil® Novihistine DMX® Novafed® Profen® Robitussin DM® Vicks Formula 440®
Hydrocodone Compound	Hycodan <sup>®</sup> Tabs & syrup Hycomine <sup>®</sup>
Hydrocodone Syrup	Anaplex HD <sup>®</sup> Bitartrate/ Guaifensin syrup, Duratuss HD <sup>®</sup> Hycotuss <sup>®</sup> Hycotuss <sup>®</sup> Expectorant Hydrocodone Protuss/ProtussD Vicodan Tuss <sup>®</sup> Expectorant, Others

## Sedatives/Anti-anxiety Agents

### Safe Sedatives/Anti-anxiety Agents

Over the Counter: Doxylamine Succinate

<u>RX:</u> Adapine<sup>®</sup>, Buspar<sup>®</sup> (Buspirone HCL), Desyrel<sup>®</sup> (Trazadone), Elavil<sup>®</sup>, Mellaril<sup>®</sup>, Paxil<sup>®</sup>, Seroquel<sup>®</sup>, Sinequan<sup>®</sup>, Thorazine<sup>®</sup>, Trilafon<sup>®</sup>

### **MEDICATIONS CONTAINING MOOD-ALTERING INGREDIENTS TO AVOID:**

Mood Altering Ingredient to Avoid:

Meprobamate **Benzodiazepines:** Alprazolam Chlordiazepoxide Clonazepam Clorazepate Dipotassium Diazepam Etazolam Flurazepam Halazepam Lorazepam Oxazepam Quazepam Temazepam Tiazolam

#### Non-Benzodiazepines:

Chlormezanone Doxepin HCl Hydroxyzine HCl Hydroxyzine Pameate Chloral Hydrate Ethchlorvynol Glutethimide Paraldehyde Zaleplon Zolpidem Tartrate

Common Brand Names: Equanil<sup>®</sup>, Miltown<sup>®</sup>, Meprospan<sup>®</sup> **Benzodiazepines:** Xanax® Librium<sup>®</sup>, Libritabs<sup>®</sup>, Librax<sup>®</sup> Klonopin<sup>®</sup> Tranxene® Gen-Xene® Valium<sup>®</sup>, Valrelease<sup>®</sup>, Dizax<sup>®</sup> **ProSom**® Dalmane<sup>®</sup> Paxipam<sup>®</sup> Ativan® Serax® **Doral**<sup>®</sup> **Restoril**® Halcion<sup>®</sup>

#### Non-Benzodiazepines:

Trancopal® Sinequan®, Adapin® Vistaril/generic Atarax/generic Chloral Hydrate Placidyl® Doriden® Paral® Sonata Ambien®

# Sedatives/Anti-anxiety Agents (cont.)

## MEDICATIONS CONTAINING MOOD-ALTERING INGREDIENTS TO AVOID (cont.):

#### Barbiturates:

Amobarbital/Secobarbital combinations Amobarbital Sodium Aprobarbital Butabarbitual Sodium Mephobarbital Pentobarbital Sodium Phenobarbital Secobarbital

#### **Barbiturates:**

Tuinal Pulvules® Amytal Sodium® Alurate® Butisol Sodium® Mebaral® Nembutal Sodium® Solfonton®, Lluminal® Seconal Sodium®, <u>OTC:</u> Benadryl®, Compoz®, Dormin, Extra-Strength Tylenol PM® Excedrin PM®, Legatrin PM®, Nervine®, Nighttime Pamprin®, Nytol®, Sleep-eze®, Sominex®, Twilite®, Unisom®

# **Diarrhea**

## Safe Diarrhea Medication List

Diasorb<sup>®</sup>, Donnagel<sup>®</sup> Tabs, Kaopectate<sup>®</sup>, Kaopentiolin<sup>®</sup>, Kaodene<sup>®</sup>, Lactinex<sup>®</sup> Imodium<sup>®</sup>, A-D capsules/tablets, Pepto-Bismol<sup>®</sup>, Rheaban<sup>®</sup>

## **MEDICATIONS CONTAINING MOOD-ALTERING INGREDIENTS TO AVOID:**

<u>Mood Altering Ingredient to Avoid:</u> Alcohol

Diphenozylate HCL Atropine Sulfate Sulfate Tincture of Opium <u>Common Brand Names:</u> Imodium A-D Liquid<sup>®</sup>, Paregoric<sup>®</sup>, Pepto Diarrhea Control<sup>®</sup> Lomotil<sup>®</sup>, Logen<sup>®</sup>, Lonox<sup>®</sup>

Donnagel Liquid<sup>®</sup>

# Nausea (Anti-emetic/Anti-vertigo Agents)

### Safe Nausea (Anti-emetic/Anti-vertigo Agents) Medication List:

<u>Over the Counter:</u> Emetrol<sup>®</sup>, Emecheck<sup>®</sup>, Pepto-Bismol<sup>®</sup>, Nausetrol<sup>®</sup>

<u>RX:</u>

Anzemet<sup>®</sup>, Compazine<sup>®</sup>, Kytril<sup>®</sup>, Metoclopramide<sup>®</sup>: Reglan<sup>®</sup>, Maxolon<sup>®</sup>, Octamide<sup>®</sup>, Norzine<sup>®</sup>, Thorazine<sup>®</sup>, Tigen<sup>®</sup> (trimethobenzamide CCI), Torecan<sup>®</sup>, Trilafon<sup>®</sup>, Zofran<sup>®</sup>

## **MEDICATIONS CONTAINING MOOD-ALTERING INGREDIENTS TO AVOID:**

<u>Mood Altering Ingredient to Avoid:</u> Cyclizine Chlorpromazine Buclizine HCI Diphenhydramine Diphenidol Dronabinol Mecllizine Promethazine Scopolamine Transdermal <u>Common Brand Names:</u> Marezine<sup>®</sup> Bucladen<sup>®</sup> Benadryl<sup>®</sup> Vontrol<sup>®</sup> Marinol<sup>®</sup> Antivert<sup>®</sup>, Bonine<sup>®</sup>, Dramamine<sup>®</sup>, Vergon<sup>®</sup> Phenegran<sup>®</sup> Tablets Transderm-Scop<sup>®</sup>

## **Nasal Decongestant Sprays**

### Safe Nasal Decongestant Spray Medication List

Over the Counter: Ayr Saline®

<u>RX:</u>

Aerobid<sup>®</sup>, Astelin<sup>®</sup>, Attovert<sup>®</sup>, Azmacort<sup>®</sup>, Beconase<sup>®</sup>, Flonase<sup>®</sup>, Nasacort<sup>®</sup>, Nasalcrom<sup>®</sup>, Nasalide<sup>®</sup>, Nasarel<sup>®</sup>, Nasonex<sup>®</sup>, Rhinocort, Vancanase<sup>®</sup>

## **MEDICATIONS CONTAINING MOOD-ALTERING INGREDIENTS TO AVOID:**

*Mood Altering Ingredient to Avoid:* 

Ephedrine Epinephrine HCL L-Desoxyephedrine Naphozolline HCI Oxymetazdine HCI

Phenylephrine HCl Propyhexedrine Tetrahydrozoline HCl Xylometazoline HCl <u>Common Brand Names:</u> Pretz-D<sup>®</sup> Adrenalline Chloride Solution Vicks<sup>®</sup> Inhaler Privine<sup>®</sup> Afrin<sup>®</sup>, Allerest<sup>®</sup>, Dristan<sup>®</sup>, Duration<sup>®</sup>, 4-Way<sup>®</sup>, Sinarest<sup>®</sup> Neo-Synephrine<sup>®</sup>, Sinex<sup>®</sup>, Alconefin<sup>®</sup>, Nostril<sup>®</sup> Denzedrex<sup>®</sup> Tyzine<sup>®</sup> Otrivin<sup>®</sup>

# **Mouthwash/Mouth Care Dental Hygiene**

### Safe Mouthwash/Mouth Care Dental Hygiene Medication List:

Cepastar<sup>®</sup>, Chloraseptic Gly-Oxide<sup>®</sup>, Halls<sup>®</sup> Lozenges, Mycinette<sup>®</sup>, N'Ice<sup>®</sup> Lozenges, Orajel<sup>®</sup>, Perisopeptic, Sucrets<sup>®</sup> Lozenges, Vicks<sup>®</sup> Cough Drops, Vicks<sup>®</sup> Throat Discs

## **MEDICATIONS CONTAINING MOOD-ALTERING INGREDIENTS TO AVOID:**

Mood Altering Ingredient to Avoid:

Common Brand Names:

Alcohol

Advance Formula N'Ice<sup>®</sup> Throat Spray, Cepacol<sup>®</sup>, Cheracol Sore Throat Spray<sup>®</sup>, Listerine<sup>®</sup>, Listermint<sup>®</sup>, Peridex<sup>®</sup>, Perioguard<sup>®</sup> Plax<sup>®</sup>, Scope<sup>®</sup>, Sucretes<sup>®</sup> Spray